

## Top Tute Tips for Revision

Here are Tute's Top Tips for Revision from our expert Tute Teachers to guarantee exam success



### Timetables

Make a revision timetable that allows you to plan your revision including time for breaks



### Post it notes

Put post it notes with key information, facts or quotes to remember in places where you're likely to see them and absorb the information without thinking about it, for example, round the mirror, on the fridge, in the biscuit cupboard



### Colour coding

Use different colour coded notes when revising. The use of colours to link different themes or ideas helps you to visualise the information more effectively



### No phone

Put your phone on silent mode and place it at the other end of the room, or preferably in a different room



### 20 min focus

Revise in regular short sharp bursts. 20 minutes of clear focus can be far more effective than hours spent frustrated and struggling to take things in



### Brain breaks

Take brain breaks and stay hydrated to maintain focus



### Teach it

Teach someone else the topic you have been revising



### Mind maps

Create mind maps of what you can remember about a topic before you start revising and then add to it when you look through your notes. Then try to create the mind map, from memory, a few days later



### Use your voice

Record your notes on your phone and play them back



### Reward yourself

Set yourself targets and rewards for completing topics or sections



### Scent cues

Use scent cues such as wearing the same perfume or aftershave when you're revising a certain topic as well as on the day of the exam. Not a fool proof method but it can help your brain to recall connected information from memory!



### Naps

Take a short nap of between 10 - 30 minutes when you have a dip in alertness